

# NETWORK

## Changes and Challenges get April Forum Buzzing

### Report From the Health & Social Care Voluntary Sector Forum - 25th April 2012

**Heather Fawbert welcomed everyone to what proved to be a lively and informative meeting. Heather explained that she had been elected to take up the position of Chair of the Board of Directors (Trustees) after Sue Howard had stepped down due to work pressures.**

Sue was presented with flowers – followed by chocolates from Joyce Cupitt, who thanked Sue for all she had done as NDVA Chair.



*Heather Fawbert and Jacqui Willis*

Heather told the meeting that David Timcke, current NDVA Chief Officer, will be retiring at the start of June. She thanked David for all his hard work and introduced Jacqui Willis who will be taking over as Chief Executive following competitive interviews held recently.



*Joyce Cupitt and Sue Howard*

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## The Forum was reminded that NDVA has moved to new premises at 6-8 Corporation Street. Phone lines and emails remain the same.

The new NDVA website was almost ready to be launched, (and has since 'gone live'). We owe a massive vote of thanks to NDVA's volunteer, Richard Milner who has made this possible. Please do take a look and see for yourself what has been achieved!  
[www.ndva.org.uk](http://www.ndva.org.uk).

NDVA is interested to know how members disseminate information they gather at the Forum to members of their groups and if there is anything more it can do to facilitate this process.

The Forum was informed that the 'Community Directory Derbyshire' website has been launched and is a valuable tool for those wishing to find out about community groups and voluntary organisations – including those seeking services and support.  
[www.communitydirectoryderbyshire.org.uk](http://www.communitydirectoryderbyshire.org.uk).

## Resources & Issues Group (RIG)

Following the Lets Shape The Future Together meeting on 2nd March, Jacqui Willis produced a document that was presented to local MPs including Toby Perkins, Natascha Engel and Dennis Skinner; it will also be presented to Derbyshire's statutory bodies.

When RIG met with the local MPs they had reiterated the need for case studies and said they would be happy to raise any issues in Parliament. They are also interested in knowing whether anyone had been approached by a large consortium.

Heather Fawbert added that they had talked about voluntary sector organisations losing contracts on cost, and raised concerns that a lot of big organisations may well be cheaper, but staff may not have skills, which results in a reduction of quality of care.

If anyone is interested in attending RIG meetings, please get in touch with **Jacqui Willis on 01246 555908**.

## Derbyshire LINK

Amy King, a Derbyshire LINK Community Involvement Worker, provided an update to Forum members.



Amy King

- recently launched a Mental Health Sub Group (dual diagnosis) as a result of issues they had received.
- focussing on children and young adults - A maternity questionnaire has been produced for use at Derby Royal and Chesterfield Maternity Services.
- is working with Thames LINK regarding the issue of transport to medical appointments.
- sits on the Dementia Strategy group, with the possibility of conducting an 'enter and view' exercise at Chesterfield Royal Hospital.
- an article in British Deaf News looked at LINK's High Peak focus work; if anyone is interested contact **Derbyshire LINK on 01246 558924**.

## Derbyshire Health and Wellbeing Priorities

Jayne Needham, Senior Public Health Strategy Manager, NHS Derby City and Derbyshire County PCT, explained Derbyshire County Council (DCC) will take on the responsibility of the health and wellbeing needs of the population of Derbyshire from 2013.

To do this a Health and Wellbeing Strategy has to be developed. The Strategy will guide actions to improve health and will be a mechanism for making decisions about where to focus most effort and resources. It will deliver actions across all the national outcomes frameworks – NHS, Adult Social Care, Public Health and Children and Young People.

Five high level priorities have been developed from reviewing the Joint Strategic Needs Assessment, local stakeholder views and existing national and local plans and priorities:

- Health and Wellbeing in Early Years
- Healthy Lifestyles
- People Living with Long Term Conditions and their Carers
- Emotional and Mental Health
- Health and Wellbeing of Older People

The key strategic aims across all priority areas are:

- To improve health and wellbeing by reducing health inequalities
- To strengthen investment in evidence-based prevention and early intervention
- To deliver high quality care that promotes privacy and dignity along with robust safeguarding processes.

Voluntary sector views are needed as part of the consultation process before a formal document is complete by late summer. Jayne added there is only so much money available,

so we have to make sure the decisions we make will benefit the most people.

There were sceptical views expressed by some members of the Forum. One commented that this has all been heard before; we are told about plans but then there is no money to implement them! Although one in four people have a mental health problem at any time, there are no day services for people with mild to moderate mental health issues. In response to the many questions raised, Jayne said the views expressed had completely captured what happens to real people and that is exactly what we need to hear during the consultation process.

She also commented that if people feel services are just not there they need to tell the Clinical Commissioning Groups (CCGs) and Derbyshire LINK about their issues.

The debate also covered carers, seamless delivery, supporting people to stay in their own homes for as long as possible, social isolation, access to psychological therapies, the 'Call Derbyshire' service and access to transport.

## 'Ten Minute Slot' Rethink Mental Illness

Kathryn Powell, Mental Health Recovery Worker, reported that Rethink Mental Illness offer a wide range of services including



Jayne Needham



Kathryn Powell

Improving Access to Psychological Therapies (IAPT), Mental and Spiritual Health (MASH) group and Day Services.

Kathryn explained that she works for the Derbyshire Sustainable Living Scheme and her job involves helping people regain their skills, helping with benefits, finding appropriate housing and employment. People can self refer, be referred through their GP, social worker or their Community Psychiatric Nurse. If Rethink are unable to help directly they will signpost the person to someone who can. They never want to leave anyone without support.

One member said we need to engage with young people; the only form of communication for some is their mobile phone, which can also be a source of bullying. Kathryn replied that 'Rethink Talk' is a social network site for people who want to engage that way. **Kathryn's contact number is 01623 746572.**

## Derbyshire Trusted Befriending Network - Kerrie Fletcher, Project Co-ordinator

Kerrie is employed by South Derbyshire CVS, although the Derbyshire Trusted Befriending Network project covers all of Derbyshire. It is funded by and in partnership with Derbyshire County Council (DCC).



Kerrie Fletcher

The aim of the project is to link up befriending schemes that already exist or are setting up. The purpose of the network is to

ensure any adult in Derbyshire has access to a safe and well run service.

Kerrie will be mapping out what services are currently available and where the gaps are. DCC intend to commission services to fill those gaps.

Kerrie explained the different types of befriending which include home visiting, buddying, telephone befriending and online befriending (First Steps are an example of a organisation that provide email support).

To find out what is available in a particular area, enquirers can contact Kerrie at **kerrief@sdcvs.org.uk or call her at South Derbyshire CVS on 01283 219761.**

The Forum broke away to do some group work on questions Kerrie had posed to them.

*Looking forward to the next Forum...*

## Referrals to the Voluntary Sector 'Question Time'

Meet Gavin Boyle, CE Chesterfield Royal Hospital, CCG Board Members, Doctors & Practice Managers

**Wednesday 11th July 9.30am - 1pm**

Contact NDVA to book a place

## We asked participants how useful they found the presentations and NDVA:

### Derbyshire's Health and Wellbeing Priorities

46% Very Good  
30% Good  
24% Neither good nor poor

### Derbyshire Trusted Befriending Network:

59% Very Good  
30% Good  
11% Neither good nor poor:

### 10 Minute Slot – Rethink Mental Illness

50% Very Good  
31% Good  
19% Neither good nor poor

### We also asked participants how useful they found:

#### NDVA Health and Social care Forum

71% Very Good  
24% Good  
5% Neither good nor poor

#### NDVA's electronic (emailed) news updates:

65% Very good  
28% Good  
7% Neither good nor poor

#### Network NDVA's quarterly newsletter:

46% Very Good  
39% Good

15% Neither good nor poor

#### NDVA's overall services and support

77% Very good  
18% Good  
5% Neither good nor poor

#### Do they feel well informed about the services / activities of NDVA?

88% Yes  
0% No  
12% Unsure

#### Same question re Derbyshire LINK:

54% Yes  
33% No  
13% Unsure

## Comments from Forum Participants:

"You have been the most supportive of any organisation that I have known. Without your support our group would not be able to exist – it is so important that it does. Thank you"

"NDVA is very supportive. Useful networking meetings. Made two useful contacts today, just around the table."

"Very useful information sharing meeting. Thank you."

"Just thank you for what you do. I know it is not easy."

"You appear to be a well organised organisation".

## Representing Voluntary Sector Service Providers

**Representing the interest of our sector at the highest level has always been a top priority for NDVA and the Mental Health Liaison Service.**

In the past our service, along with our partners from Derby City and Southern Derbyshire, Southern Derbyshire Voluntary Sector Mental Health Forum (SDVSMHF), was part of the Mental Health Strategic Commissioning Group, which gave us that top level representation and influence. In more recent times this was split into Commissioning Groups for City and County, to which we were excluded, and a Strategic Partnership Group, which we did attend. Roger and Angela Kerry (Chief Officer SDVSMHF) have felt for some time that this group has not served our needs.

With the reorganisation of commissioning a new body called the Joint Commissioning Board for Mental Health is to be formed. This Board will consist of the Clinical Commissioning Groups and commissioners from Derbyshire County Council and Derby City Council. Roger on behalf of NDVA and Angela on behalf of SDVSMHF have sent a joint letter requesting places on the Board to represent the voluntary sector. Neither NDVA nor SDVSMHF are direct service providers, so we do not feel there would be any conflict of interest arising out of our attendance. What we do think is that we will be able to help the commissioners to realise what our sector is capable of and the value we bring to them and more importantly the hundreds of people using services provided by the voluntary sector.

### Joint County-Wide Forum

The Mental Health Liaison Service and SDVSMHF held their joint forum meeting on March 27th at the Post Mill Centre South



*Mental Health Forum*

Normanton. Thirty-three representatives of voluntary sector service providers attended from all over Derbyshire and Derby.

Wendy Sunney (Chief Operating Officer of Hardwick Health CCG) gave a presentation on Hardwick Health's progress as the lead organisation for commissioning mental health services from 2013.

Raj Kang (Senior Commissioning Officer NHS Derbyshire County) spoke about commissioning intentions for 2012-13.

The event also featured: the launch of the Community Directory Derbyshire presented by Angela Kerry, a presentation on the Red Cross Community Mental Health Support Service (befriending scheme) presented by Pat Cross and Teresa Powdrill and a short workshop to identify gaps and barriers in volunteer befriending provision presented by Kerrie Fletcher of South Derbyshire CVS.

As usual it was a lively meeting with lots of hard-hitting questions from members.

### Mental Health Liaison Service Funding 2012-13

NDVA's Mental Health Liaison Service has come to an agreement with its funder, NHS Derby City and Derbyshire County (formerly the PCT) for next years funding.

In common with other groups we were asked if we had an under spend on our funding for 2011-12. We declared a small under spend and the commissioner asked us to accept a reduction for 2012-13 of half the under spend. We felt that this was fair and we appreciate the support for the service shown by the commissioner in these difficult times.

### Groups' News - Rethink M.A.S.H.

Rethink M.A.S.H. (Mental and Spiritual Health) was established in 2009 as the result of a church based initiative. It is a service user led group, but is also open to carers and indeed any adult sympathetic to those who have mental health issues, or problems. It runs a drop-in every Saturday from 1pm - 4pm at St Mark's Church, St Mark's Road, Brampton, Chesterfield. Refreshments, newspapers, computer games, board games and pool are available in a friendly social atmosphere.

To join is a self-referral process.

**Contact Adrian Rimmington on Chesterfield (01246) 206951.**

## NDVA has a new Chief Executive

### Goodbye from David Timcke

By the time you read this edition of Network, I will be retired. After three years with NDVA I continue to hold the view that I expressed when I first arrived – i.e. what a remarkable service is provided with such limited resources! The staff, together with our Trustees, can feel justifiably proud of what they achieve.

I will miss everyone that I have got to know in Derbyshire's voluntary and statutory sectors – and Derbyshire LINK, of course. You are a grand bunch of people!

Our NDVA Trustees had a short list of very strong candidates, both internal and external, for the post of Chief Executive. I am confident that in appointing Jacqui Willis they have someone with the ability, commitment and experience to take the organisation forward. I wish Jacqui and her staff, the Trustees and you, our loyal members and supporters, better times ahead - and the

wider recognition that you deserve for your work with communities and individuals.

### Hello from Jacqui Willis

I am delighted to have been successfully appointed as NDVA's new Chief Executive. I am passionate about NDVA and how it supports and represents the health related voluntary sector.

We currently have almost 700 organisations and small community groups registered with NDVA – who in turn support many thousands of individuals. The Health and Social care Forum continues to grow from strength to strength and I'm committed to NDVA continuing to improve and expand its services.

As I take over the reins from David Timcke, I will strive to use our Forum and communication channels as a conduit to engage with health related voluntary sector and champion its voice to commissioners and statutory partners.



## Chesterfield Care Group

Chesterfield Care Group has been operating as a charity providing day care for older people since 1996 and is accredited by Derbyshire County Council and the Derbyshire County Primary Care Trust. The main day service is situated at Chesterfield Community Centre, Tontine road. We also have nine other venues which operate as outreach services where we offer day care and specialist dementia care services around the Chesterfield area, seven days per week.

### What type of things can day care offer you?

- A hot lunch
- Transport to and from the group
- A bathing service
- An assisted shopping service
- Stimulating age appropriate activities including crafts, art, gentle exercise sessions, bingo and quizzes.
- An opportunity to meet other people, share experiences, memories and to have an enjoyable time.
- A hair dressing service on site.

We also work with other groups such as the Alzheimer's society, Links, NDVA and Age UK to provide support and information for our members.

We have recently completed a 4 week intergeneration project working in partnership with students from Chesterfield College, the libraries service and DCC to produce a booklet with themes relating to holidays, work, school and local history. (See photo above)

*"My name is Jean and when I knew that I wouldn't be able to walk or swim three times a week or do line dancing I thought 'Goodness! - what am I going to do?' Sport and the outdoor life is me, was me! Along came Linda who talked to me about Chesterfield Care Group day care centre on Tontine Road. I joined one week later for one day a week and then I asked to have another day. I attend Tuesday and Wednesday. It has been and is a life line to me and to all of us who come to the group. The staff are excellent, we are all friends together, it's a lovely place to meet."*

*"Chesterfield care group have given me a life out of four walls, very caring and very helpful." - Barbara*

*"We enjoy the care group and attend every Tuesday. The staff work really hard to fill our day and it's nice to socialise, we all have a lovely day." - Emily & Barbara*

**If you would like to know more about our venues and services call 01246 274812 or visit our web site on [www.chesterfieldcaregroup.org.uk](http://www.chesterfieldcaregroup.org.uk)**

## Helping to influence and shape your services

**As many Network readers will know, Derbyshire LINK is a Local Involvement Network made up of individual members of the public and community groups. Our remit is to find out what you, the people of Derbyshire, like and dislike about your local Health and Social Care services. We then take this information and relay it to those responsible for setting up and running the services which ultimately helps to influence and shape how services are delivered.**

Co-hosted by NDVA and Amber Valley CVS, LINK has strong ties with the voluntary sector and spends lots of time engaging with individuals and groups to ensure representation of a diverse range of the Derbyshire public. The LINK itself is made up of individual members of the public and community groups so the more people that join, the more powerful LINK becomes.

At a recent LINK engagement activity, numerous comments regarding Langwith Medical Centre in Bolsover were made to Derbyshire LINK Community Involvement Worker Tanya Nolan. This led to Tanya contacting the Practice Manager to inform him of the comments made by users of his surgery.

In response to the comments passed on by Tanya there have been numerous changes put in to place such as white parking lines



being painted, new signage - and a window cleaner being employed! Significantly, in addition to these changes, the surgery are also set to review their appointment system to look at improving the waiting time between ringing the surgery for an appointment and being seen by a GP. A good response from the Practice, with positive outcomes for patients!

If you, as an individual or on behalf of a group, would like to sign up to become a LINK member call and ask for a membership form to be posted out or register online at [www.derbyshirelink.org.uk](http://www.derbyshirelink.org.uk). Further information about LINK activity can be obtained by viewing our newsletter (also available online).

You really can help us make a difference! If you feel strongly about something, don't just sit back and do nothing. We want to hear about your experiences of Health and Social Care services in the County of Derbyshire, whether it be praise, criticism or any ideas for improvement or change.

**Email: [info@derbyshirelink.org.uk](mailto:info@derbyshirelink.org.uk)  
Telephone: 01246 558924  
Web: [www.derbyshirelink.org.uk](http://www.derbyshirelink.org.uk)**

## Chair Based Exercises - First Taste's latest CD released

The Darley Dale based charity, First Taste, has launched the third in their series of CDs of chair based exercises 'Even More Music to Move'. The CD is intended for use in care and nursing homes or in day centres for older people.

This latest CD has been produced specifically for use by care staff working with older people with dementia and features well known songs and tunes performed by First Taste's music tutors with 'voice over' by Angela Hill, Physiotherapist, leading the simple chair based exercises.

Production costs have been supported by a grant from Derbyshire County Council's Community Action Programme and by a bequest to First Taste by the late Pat Hancocks from Two Dales who supported the Charity's work and to whom the CD is dedicated.

**Copies of 'Even More Music to Move' are available to buy contact Iris Wagstaffe, Secretary, First Taste, c/o Ladygrove Mill, Ladygrove Road, Two Dales, Matlock, DE4 2FH.**

## Over 5000 Community groups at your fingertips!



Did you know that there are over 5000 voluntary and community groups in Derby City and Derbyshire? That's 5000 groups doing everything from supporting people in times of need to providing fun activities for children and young people not to mention the groups who tackle race and hate crime and those who offer a meeting place for like-minded people be they train enthusiasts or keen walkers.

For the first time all of these groups, in their rich diversity, are available in one place – **the Community Directory Derbyshire!** The Directory is available for everyone to explore and find out what goes on in the world of community and voluntary groups in Derby and Derbyshire. Community Directory Derbyshire was created by a partnership of local charities (including NDVA), led by Community Action Derby, who provide support to community groups. The new online directory makes it easier to find groups by area, interest or type of support. (It includes groups working outside the fields of health and social care, of course.)

If you are part of a community group you can check if your group is registered by visiting **www.communitydirectoryderbyshire.org.uk** - if you find your group isn't listed registering is just a click away and it's FREE!

**For more information about the Community Directory Derbyshire email: info@vcldata.org.uk or call 01332 227719.**

## Nominations open for Guardian Charity Awards

**Nominations are open until Friday 20 July for the Guardian Charity Awards, which recognises small charities whose achievements can inspire others.**

Winning charities will receive an equal share of an overall prize fund, an iPad, a tailored package of support, one year's membership of NCVO and a personalised package from the Media Trust.

The awards are open to social welfare charities that can demonstrate excellence and achievement in what they do. Eligible charities must also have been registered in the UK for more than two years and have an annual income of between £5,000 and £1.5 million. Nominations close on Friday 20 July.

**For further information and to nominate a charity visit: [www.guardian.co.uk/charity-awards](http://www.guardian.co.uk/charity-awards)**

## Free First Aid Sessions

**The British Red Cross are offering FREE First Aid Sessions for your group and/or their family members, friends and carers:**

### Everyday First Aid

Everyday First Aid sessions differ from more traditional first aid training. The sessions are a maximum of two hours long and focus on overcoming fears people have about helping someone experiencing a medical emergency by teaching them first aid skills which are easy to do, easy to learn and easy to remember. In just a couple of hours, learners can become life-savers.

They try to tailor first aid training sessions to your specific needs in an inclusive and flexible way. The topics covered in a first aid session vary depending on the needs of your group, but as an example can include caring for an unconscious casualty who is breathing; heart attack; choking; blood loss; seizures, burns and scalds, etc.

Each participant receives an easy to follow workbook with a detachable certificate of first aid learning.

Sessions are free of charge; although groups may wish to make a donation to support the work of the British Red Cross.

For further information contact:

**Deborah Webster, Community Based First Aid Coordinator**  
**Telephone: 01629 593335**  
**Email: [dwebster@redcross.org.uk](mailto:dwebster@redcross.org.uk)**  
**[www.redcross.org.us](http://www.redcross.org.us)**

## Alzheimers Carers Support Group

### Staveley Action Group (STAG)

In January 2011 The Alzheimers Society piloted in Staveley a unique concept in carers support where the patients were cared for in an adjacent room while the carers were able to discuss together common problems and achievements.

The success was immediate and more courses followed. Of the original sixteen participants fourteen continued to meet at the same venue as friends for a coffee. This group of friends with a common bond decided to continue the original concept as The Alzheimers Society did not have the funds beyond the initial 6 meeting group.

The fourteen friends formed STAG and, with the help of an NDVA grant, organised some trips for the patients. We also produced some quality leaflets which were distributed through our contacts. As a result of that our membership has doubled.

We now meet on the 3rd Thursday of each month at Staveley. We provide refreshments and 'Crossroads' nurses are in attendance in an adjacent room to provide trained, safe, imaginative support for the patients while the carers can discuss a whole range of issues with people who are in a similar position.

Since we formed STAG one member of the group has sadly passed away and two others have gone into full time care, so you can appreciate that we are dealing with serious



palliative dementia issues for which mostly there is no social inclusion other than full or partly funded care home nursing or residential care.

The NDVA grant has been pivotal in getting the group started and we are pleased to be offering this unique support to the people of North Derbyshire affected by this terrible illness. We aim to further increase our numbers so that we can become more self sufficient as we now have the support of The Alzheimers Society and many care homes.

**If you would like to know more about our group please ring George on 01246 569780 or Richard on 01246 826432**

**Has your Group received a small grant (or a starter grant) from NDVA and how has it helped?**

**Let us know and we will include your story in a future edition of Network.**

**People living near proposed housing developments for older people have been given the chance to look at detailed plans and get more information about the schemes.**

All of the plans are for state-of-the-art 'extra care' apartments aimed at older people who want to live independently with their own front door but have company and 24-hour care on site when it is needed.

Derbyshire County Council (DCC) plans to initially develop three 'extra care' housing schemes in partnership with Chevin Housing Association Ltd, a not-for-profit housing association which is a member of the Together Housing Group.

Chevin is in the final stages of preparing to develop the extra care schemes and the partnership with DCC is close to finalisation.

The first scheme is for 55 two-bedroom extra care apartments and communal facilities with parking and gardens at Foolow Court in Foolow Avenue, Chesterfield.

If planners give the development at Foolow Court the go-ahead building work could start as early as November this year with a view to completion in February 2014.

A second development is planned for 52 apartments on the Cressy Fields site in Cressy Road, Alfreton. Following an open day to show the scheme to the local community the plans are due to be submitted shortly to Amber Valley Borough Council.

The third development is planned for the former Clay Cross School site in Market Street, Clay Cross. People living near the proposed scheme have already been given the chance to inspect the plans, which

consist of 90 apartments and day care facilities..

For all three schemes Chevin Housing will build, maintain and operate the developments and DCC will provide the on-site care.

In February DCC announced plans for a £200 million investment to transform residential and community care across Derbyshire.

The ambitious plans are Derbyshire's biggest investment in support and care in specialist housing, with the target of at least 1,600 extra care apartments, as well as day care and specialist residential services for older people across the county over the next five to seven years.

The three extra care developments with Chevin Housing form a part of the investment plans.

**Cabinet Member for Adult Care Councillor Charles Jones said:**

*"It is very exciting that two sets of plans have been submitted and the third will be submitted shortly for the first three schemes we are planning to develop with Chevin Housing Association.*

*"We want as many people as possible to have their own front door and live independently for as long as possible in five-star accommodation and surroundings.*

*"Our plans for extra care mean couples would be able to stay together and have 24/7 on site care if they need it, and there would be an excellent mix of services available for older people in Derbyshire."*

## Meeting of the Adult Care Board 17 May 2012

### Accommodation, Support and Care DVD

A promotional DVD, demonstrating the benefits/concept of Extra Care, will be distributed shortly.

There are 2 consultations ongoing at the moment re the proposed closure of two care homes in Derbyshire which is the result of the shift in investment for Derbyshire into the Extra Care model.

### Derbyshire Dignity and Respect Campaign

The meeting received an update on the campaign that has seen over 40 services awarded the bronze award and the launch of a new Silver award. The Board were asked to support by agreeing to staff being nominated to act as assessors. The campaign is aligned to the Prime Minister's Challenge on Dementia aimed at driving up standards of care. The bronze award is open to voluntary sector providers.

**For further information contact: Steve Phillips, Derbyshire County Council - [stephen.phillips@derbyshire.gov.uk](mailto:stephen.phillips@derbyshire.gov.uk) 01629 537246.**

### Frail Elderly/Long term conditions

Developing an integrated care system for the frail elderly with long term conditions is a priority across all the Clinical Commissioning Groups. Each CCG is working towards improving their systems.

Erewash and Hardwick CCGs were reminded of the opportunity to engage with voluntary sector care providers when looking at Neighbourhood care teams.

The point was also made that the CCG's may wish to first look to existing VCS organisations in Derbyshire to support the self care aspect of their proposals rather than out of county providers as much good work on self help group development and support is already provided.

Andrew Milroy - DCC Adult Care, made the point that there is a preventative strategy which DCC are investing in and would wish CCGs to do the same.

Bill Robertson, Strategic Director, Adult Care, expressed the view that there is scope for CCGs to participate more in partnership working. He was also concerned that there seems to be a bit of fragmentation appearing between some of the CCGs.

### CCG development Commissioning Support

All CCG's are currently going through the authorisation process, which includes all areas of their work

With regard to the Commissioning Support Unit, the CCGs will need to identify core capacity and relate to the use of the CSU.

Need to agree the lead between DCC and CCG's on areas for joint commissioning. Need to share arrangements with DCC and discuss. E.g. Adult care have agreed to be lead on Learning disability and Carers but needs to be discussion to ensure alignment.

CCG's need to reassure partners there is joint endeavour relating to Health and Wellbeing strategy with local collaboration.

There will be two additional GPs on the Southern Derbyshire CCG to enable representation at both the city and county Health and Wellbeing Boards. *(Continued)*

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## Can you help?

### Derbyshire Association for the Disabled are looking for supporters to help them continue with their work.

The Association was formed in 1950 becoming a registered Charity in 1952. It was founded by a group of prominent Derbyshire people, namely, the then Dowager Duchess of Devonshire, the Lord Bishop of Derby and the Lord Lt. Of Derbyshire.

It was based on a concern that there was a gap in the Community which cut off disabled and handicapped people from the able bodied. Also that there was a lack of support re the needs and loneliness of many such people.

Representatives from Statutory bodies and voluntary organisations were appointed to the Committee, the object being to form clubs throughout the County. Eventually over 30 clubs were formed each run by its own Committee but accountable to the Association.

Social Services had not then come into being; therefore the object of the Association was to deal with the needs of

assistance both medical and social. Meetings were held on a regular basis. There were exhibitions of articles made by members, lectures and charity events to raise money.

Much was achieved over many years. Club Insurance was subsidised, grants for holidays, donations to Special Needs Schools, equipment donated to Childrens Hospitals, donations made to people taking part in the Disabled Olympic Games, Luncheon Clubs were formed and in some areas a Mobile Physiotherapy Unit operated.

In recent years we have made a donation to Acclimatize and played a major part in the Duke's Barns project.

This is just a brief summary of the work carried out by the Association. Since its formation the aim has been to help people young and old wherever and whenever possible and our present members wish to continue the wonderful work our predecessors started so many years ago.

If anyone feels they may be able to offer any help, please contact **Beryl Walton, Chair /Secretary, The Beeches, 49 Bridge Street, New Mills, High Peak, Derbyshire SK22 4DJ**

## Derbyshire SAM

### Who can use a Man's Refuge?

A refuge is a house for men to live in if you are fleeing domestic abuse or domestic violence. Derbyshire SAM welcomes all men who are 16 years old or over (older men are welcome too) – whether you are black asian or white; from another country; middle class or working class; heterosexual or bisexual; whether you have disabilities or are able bodied; whether you are working or are on benefits; whatever religion you practice; whether you are HIV positive or not. Derbyshire SAM recognises that discrimination and prejudice severely disadvantages men from minority groups and we take steps to ensure that all men receive equal treatment and services from our organisation.

We recognise that pressure such as violence and abuse can leave men very vulnerable to mental health problems and drug or alcohol dependency.

The refuge has a (non – resident) refuge

worker who will support you in making benefit claims, looking at housing options and getting legal advice. If men request it we can attend solicitors appointments with you, attend court hearings, go with you to the Benefit's Agency or the Housing Department. We can go with you to get your important personal belongings from home - usually with a police escort. We can refer you to our counselling service or just be available to listen to your problems when you need to talk.

### Who will know you are in the refuge?

Derbyshire SAM workers and any referral agency (police, housing, social services). These agencies are committed to strict confidentiality - they won't tell anyone where you are without your permission.

**North Derbyshire Women's Aid  
Derbyshire SAM project**  
**Helpline ring: 0800 0198 668**  
**email: help@ndwa.org.uk**  
**for non urgent help and advice**  
**www.ndwa.org.uk**

## NDVA's Travel Expenses & User Involvement Fund

The Fund is designed to cover out of pocket expenses of service users, carers and voluntary group representatives who participate in a variety of planning groups and consultation exercises relating to health issues in Derbyshire. For example:

- Travel expenses
- Personal assistance costs
- Taxi fares or community transport charges for people for whom public transport is not accessible or cost effective
- Room hire and refreshments for meetings

if required

- Photocopying costs, telephone costs for user/carer reps to carry out work on behalf of the planning group
- Funding to support user group/forum as a way of increasing user involvement. The group must have direct representation on the relevant planning group if one exists.

Additional Funding may also be available to support service user involvement in planning, e.g. conferences, workshops, consultation exercises, surveys and questionnaires.

**Please contact NDVA for further information.**

## Birkdale Trust for Hearing Impaired Grant

The scheme is intended to support organisations undertaking projects in the following areas:

- Providing education for young people, particularly the hearing impaired.
- Promotion of the well-being of the hearing impaired.

Eligible expenditure includes:

- Specialist equipment.
- Specialist courses or tuition.
- Professional assessment or advice.

**For more information visit**  
**<http://www.grantsforthe deaf.co.uk/>**

## Computers for rural areas

Groups that need access to information and services, are able to purchase fully functioning ex-government computers for as little as £130. For organisations that need more than one computer etc. the prices are even lower. Applications can be made at any time.

**<http://www.arthurrankcentre.org.uk/communities-and-farming/computers-for-rural-people>**

## Tesco Community Awards

Provides one-off donations of between £500 and £4,000.

- Applications for grants for children and their education and welfare should be made between 1st May and 30th June.
- Applications for grants for elderly people and adults and children with disabilities should be made between 1st August and 30th September.

**<http://www.tescopl.com/index.asp?pageid=121>**

## Greggs Foundation - The Regional Grants Programme

**Grants of up to £2,000 are available.**

Any group can apply provided that it works within a disadvantaged community, or with people who are financially excluded, including the priority beneficiary groups:

- Voluntary carers
- People with disabilities
- Older people
- Homeless people

The regional committees prioritise requests for one off projects and activities or equipment to facilitate projects and activities.

**More information:**  
**<http://www.greggsfoundation.org.uk/grants/grant-programs/regional-grantsguidelines-and-application>**

## Mansfield Building Society Community Support Scheme

Applications for funding from £100- £500 are considered by a panel twice yearly – the next being in November. The panel consider applications in a number of different categories including:

- Work in partnership with organisations assisting the disadvantaged;
- Promote and encourage sporting activities;
- Promote and encourage activities in the arts;
- Support education and development;
- Benefit the environment.

**More information:**  
**<http://www.mansfieldbs.co.uk/favicon.ico>**

## New grant scheme to help groups build better communities

**Derbyshire County Council is offering one-off capital grants of £10,000 to £250,000 for building projects or permanent equipment such as play or sports facilities which residents will be able use for at least 10 years.**

Community building grants will contribute towards the total building costs of projects and are designed to help groups improve the social, economic and environmental wellbeing of their communities.

Priority will be given to partnerships that have already raised their own funds towards a new project, are well developed and can get started in the next 12 to 18 months and can demonstrate an ability to support future running costs.

Grants will be considered for proposals, accompanied by simple business plans, which:

- Support partnerships of local organisations to bring communities closer together
- Contribute to the development of multi-use capital projects such as community or sports facilities which will be used by residents for at least 10 years

**Council Leader Councillor Andrew Lewer said:**

*"Our community building grants are designed to encourage projects with a lasting legacy by funding building*

*work or permanent sports and play equipment which will be used by residents for at least a decade."*

*"The scheme strengthens our commitment to supporting community self-help action where local people have a real desire to make a difference and improve life in their communities."*

Our community building grant scheme will be launched in June. Groups can sign up for email alerts for the latest news at [www.derbyshire.gov.uk/community](http://www.derbyshire.gov.uk/community)

- Applications for our Community Action Grants offering cash to small group with big ideas are open at [www.derbyshire.gov.uk/cag](http://www.derbyshire.gov.uk/cag)
- Find out more about our Sports Action Grants to boost sports groups and clubs at [www.derbyshire.gov.uk/sportsactiongrant](http://www.derbyshire.gov.uk/sportsactiongrant)
- To find local community and sports groups visit [www.derbyshire.gov.uk/directory](http://www.derbyshire.gov.uk/directory)

**You can also find out more at your local library or contact Call Derbyshire at [contactcentre@derbyshire.gov.uk](mailto:contactcentre@derbyshire.gov.uk) or call 08456 058 058 or 01629 533190**

## NDVA Small Grants Scheme

The scheme is designed to offer funding to support health related voluntary groups. NDVA try to distribute the funding equally, across the different localities of Derbyshire but obviously this is dependent on applications received. We prioritise use of the funding for voluntary groups that have limited sources of alternative funding.

If your group is contributing to the health (in its widest context) of people in an area of Derbyshire and is in need of funding to support its running costs (e.g. room hire, transport, postage, advertising, volunteer expenses), please ring us and we will send you a copy of details of the scheme and an application form.

The maximum grant will be up to £1,000 for groups with high running costs, with the average grant being up to £600.

There are four application rounds each year: March, June, September and December.

The next closing date is Friday 14 Sept 2012.

### Support to new groups

Please note that NDVA accepts applications from new or potential groups, or individuals trying to start a group, at any point in the year, to help them get started.

**Contact NDVA for further information on the Small Grants Scheme and new groups support on 01246 555908**

## Big Lottery Awards for All workshop

**On 22nd May NDVA hosted an 'Awards for All' workshop facilitated by Matthew Rowe, Big Lottery Regional Development Officer.**

The morning was a huge success and the workshop proved to be extremely enlightening and interactive. Once again we had a wonderful attendance of 33 people who all came away with a much greater understanding of the 'Awards for All' programme and what makes understanding of what makes an application fundable.

They heard a very informative presentation, took part in quizzes and exercises to understand what would make a successful application for 'Awards for All' funding and "had a chance to be a Funding Officer with £40,000 to spend". Matt commented he had never had a workshop where so many questions had been asked!

A few of the comments of the day included:

"Have a greater understanding of the grant application process and feel more confident applying for funding in the future."

"We will take this back to our committee and prepare to make an application using the guidance from today."

"Many thanks to NDVA for putting on yet another really useful meeting, the 50+ Forum can't thank you enough".

On behalf of the Big Lottery Fund NDVA will contact all attendees in 3 months time to evaluate how useful the workshop has been and any outcomes.

# NETWORK NETWORK

**NETWORK** is available in large print on request. It is also available on the **NDVA** website.

## **Next Health and Social Care Forum**

**Wednesday 11 July  
9.30am-1pm**

**Agricultural Business Centre,  
Bakewell DE45 1AH**

**Why not use 'Network' to publicise and promote the work of your group /organisation? There is no charge. The contributors' deadline for the autumn issue is Friday 20th July.**

**Contact NDVA on 01246 555908  
or email [sue@ndva.org.uk](mailto:sue@ndva.org.uk)**

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**Derbyshire LINK Website: [www.derbyshirelink.org.uk](http://www.derbyshirelink.org.uk)**

**Email: [info@derbyshirelink.org.uk](mailto:info@derbyshirelink.org.uk)**

### **NDVA Directors**

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