



5 Ways to Wellbeing Small Grants Scheme 2018/19

Applications up to
£1,500 will be
considered

Derbyshire County Council Public Health Department has set up a Five Ways to Wellbeing Small Grants Scheme which aims to improve the mental wellbeing of people living in Derbyshire by providing community based activities and services that help people access the 'Five Ways to Wellbeing'.

The Five Ways to Wellbeing are **Connect**, **Be Active**, **Take Notice**, **Keep Learning** and **Give**. These are simple things individuals can do in their everyday lives which have been proven to help people's mental wellbeing.

Applications are welcome from voluntary, community or faith groups/organisations delivering services in Bolsover, Chesterfield or North East Derbyshire.

Applications should be returned by 5pm, Friday 16 November 2018.

This grant scheme is administered by Derbyshire Voluntary Action. To request an application pack please contact Derbyshire Voluntary Action.

Tel: 01246 555908

Email: bryony@dva.org.uk

Website: www.ndva.org.uk

